



MAR ATHANASIUS COLLEGE (AUTONOMOUS)
KOTHAMANGALAM, KERALA, INDIA
87th Position in NIRF College Ranking 2023



Institutional Distinctiveness

Institutional distinctiveness

Holistic development of students in physical education

The college chose 'Growth Through Sports,' an inner discipline essential for holistic development and healthy and structured lives, as the institution's distinctiveness. In addition, due to its proximity to high altitude and being in the lap of high ranges, the college has a tradition of more interest in sports and games. The college's management, with a vision of having Olympians from this remote part, encourages its students to engage in sports and games actively. Slowly and gradually, the college started to bag prizes at university and state events. After receiving financial assistance from the state and central Government agencies, we marched towards attaining national and international medals. Gradually, sports and games became a part of the culture of the college.

The college provides a platform, adequate infrastructure, and professional training for the selected students to excel in sports, enabling them to participate in various intercollegiate, state-level, national, and international events. By providing the best trainers and coaches, incentives, and student scholarships, the college has created a generation of creative and active participants in all sports activities.

Infrastructure facilities

The infrastructural facilities consisted of a football field of 110x75 m, two volleyball courts (including wooden and mud), two basketball Courts (including wooden and concrete), three badminton Courts (wooden), a 320 m training track with two jumping pits, high jump mat and all throwing sectors with fencing and floodlit facility, multi-

purpose indoor stadium (11,000 sq. ft.), indoor shooting range 30x20x4m, eight-lane swimming pool with the dimension of 50x25x2m, fitness center and weight training hall, cricket field, two cricket indoor nets, handball court, two hills for training, and boys and girls warm-up area.

Financial support

- The College gives free accommodation and food to students with sports talents

Coaches

- Eight coaches are appointed by the college, and two by the Kerala Sports Council. The government also supports two full-time faculty members in the Department of Physical Education.

Sports Achievements

M A College won the following MG University Inter Collegiate Championship, 2023-24

- MG University Intercollegiate Football Champions
- MG University Intercollegiate Athletic Men Champions
- MG University Intercollegiate Athletic Women Champions
- MG University Intercollegiate swimming Men Champions
- MG University Intercollegiate swimming Women Champions
- MG University Intercollegiate Archery Men Champions
- MG University Intercollegiate Archery Women Champions
- MG University Intercollegiate Water Polo Champions
- MG University Intercollegiate Cross Country Men Champions
- MG University Intercollegiate Cross Country Women Champions

College organized the following events:

- MG University North zone Football championship
- MG University Inter collegiate Athletic championship
- MG University North Zone Cricket
- MG University north zone Badminton championship
- MG University Aquatic championship
- MG University Inter zone Archery championship
- Ernakulum district senior & junior athletic championship
- Kothamangalam sub district athletics Championship
- Ernakulum district revenue Athletics Championship

- Khelo India Women's league athletics
- Ernakulam district Football academy league

College participation and achievement in the National/ State/ Intercollegiate Level Competitions are listed below:

NATIONAL LEVEL COMPETITIONS

Sr.No	Competition	Total participation	Gold	Silver	Bronze	Total
1	All India Inter University Athletics	34	1			
2	All India Inter University Swimming	16				25
3	All India Inter University Football	8		8		8
4	Khelo India University Games	22				
5	Junior Nationals	14	2	2	0	4
6	South zone national Athletics championship	9	4	1	4	18
7	Open national	12	1	0	0	1
8	Under 23 championship	8	0	1	2	3
9	National Games	10	0	0	1	1

STATE LEVEL COMPETITIONS

Sr. No	Competition	Total participation	Gold	Silver	Bronze	Total
1	Junior state Athletics	48	13	11	6	30
2	Senior State Athletics	39	15	08	08	31

INTERCOLLEGIATE COMPETITIONS

Sr. No	Competition	Total participation	Gold	Silver	Bronze	Total
1	Intercollegiate Athletics	66	26	17	09	52
2	Intercollegiate swimming	20	44	37	01	82
3	Intercollegiate Aquatics	13	13	00	00	13
4	Intercollegiate Archery	06	4	02	01	07
5	Intercollegiate Football	20	20	00	00	20

